



BMPOA Recreation Program
Summer, 2023

Dear Big Moose Friends:

We are excited for another Big Moose summer recreation program this year! Please read through the attached documents to know what to expect and where to be and when.

The rec program starts on **Monday, July 3rd** and ends on **Friday, August 11th**. Please fill out the 2023 Registration Form and give it to Kurt prior to participating. Preferably, bring the form to the picnic on July 1st, so we're ready to go come Monday!

As part of our mission to maintain a culture of training, awareness and safety, we need ALL PARENTS to complete the **Youth Protection Training**. Our Youth Protection Policy includes online training, back-ground checks for employees, and the Three R's: Recognize, Respond and Report. Our organization directs parents to the Scouting on-line training, but we realize that many parents may already be certified under the SafeSport program and that is also perfectly acceptable. Expected Course duration is 72 minutes. Go to: my.scouting.org → create an account → Click on the circular Youth Protection logo on the right of the screen and enroll. After completion, take a screenshot of your certificate and send it to Shane Kovacs at shanekovacs@hotmail.com. Your certification is valid for 2 years.

Please send in your donations and dues as soon as possible. Our program can't run without these funds, so thank you thank you!

- Rec Program: \$100 per week per child, \$250 per summer per child capped at \$400 per family.
- Member dues: \$150 for full members and \$75 for associate members.
- Checks payable to BMPOA. Pay in person when you turn in the registration form or mail to: Richard Widdicombe, BMPOA Treasurer, 1711 Sherman Drive, Utica, NY 13501

Sincerely,
Anne Dew

BMPOA Recreation Program Parent Chair

annehdew@gmail.com, 303-520-8479 (cell) or [facebook.com/anne.dew](https://www.facebook.com/anne.dew)

BIG MOOSE PROPERTY OWNERS ASSOCIATION RECREATION PROGRAM

2023 Registration Form

Welcome to the Big Moose Property Owners Association (BMPOA) Recreation Program. Please complete this form and return it to Maggie or Kurt Pardue the first day your child participates in the program. The form is important because it allows the Pardues to bring your child to a medical facility and seek medical assistance in case of an emergency. You may use this one form for multiple siblings. Please remember, all children 8 and under must be supervised by a parent or guardian at all activities.

Child's Name(s) Parent's Name Local Address: Local Phone #: Home Address: Home Phone #: Email:

Child's Age(s):

Any Medical Conditions or Concerns:

Acknowledgement and Authorization: By signing this form, I represent that I am the parent of the child or children listed above; I acknowledge, consent, and understand that my child or children will be participating in activities in the BMPOA Recreation Program, such as swimming, boating, hiking and other activities which involve risks. I represent that my child or children are in good health and able to participate in these activities. I authorize the BMPOA Recreation Program to act for me, according to its best judgment, in any emergency or similar situation requiring medical attention for my child or children.

Covenant not to Sue, Waiver and Release: In consideration for allowing my child or children to participate in the BMPOA Recreation Program, I hereby agree not to commence any civil action on behalf of my child, my spouse, or myself, I hereby waive any rights which may accrue to my child, my spouse, or me, and I hereby voluntarily release the Big Moose Property Owners Association, its Recreation Program Director, its agents, employees, representatives, volunteers, successors and assigns, and the owner of any property on which the Recreation Program is conducted, of and from any and all liability for injury or death sustained by any of my children in connection with their participation in the BMPOA Recreation Program, including any and all liability arising from negligence or other fault on the part of the Big Moose Property Owners Association, its Recreation Program Director, its agents, employees, representatives, volunteers, successors or assigns or the owner of any property on which the Recreation Program is conducted.

Parent Signature: _____ DATE: _____

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If you have not yet sent a donation to the Recreation Program for your child's participation this summer, please fill this section out and either return the Registration Form to the Parent Chairperson, Kurt Pardue or mail directly to Richard Widdicombe. The suggested donation is \$100 per week, \$250 per summer per child, \$400 for the summer per family (Family Cap). Additionally, if you have not paid your 2023 BMPOA Membership dues, please include a check for the appropriate amount (\$150 full, \$75 associate) with your donation.

Amount enclosed:

Parent's name: Child's/Children's Name(s):

Please make checks payable to: BMPOA

For payments by mail: Richard Widdicombe, BMPOA Treasurer, 1711 Sherman Drive Utica, NY 13501

Thank you for your support of the BMPOA Recreation Program!



July 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 6:00 pm Picnic *BMPOA Rec. Release Forms *
2	3 <u>10:00-12:00</u> Swimming 4:00 Hike- Russian hot dogs & s'mores	4 <u>9:30-10:00</u> Long Distance Swim <u>10:00-12:00</u> Swimming 2:30 Land Olympics	5 <u>9:30-10:00</u> Long Distance Swim <u>10:00-12:00</u> Swimming 2:30 Kayak Moose River 6:00 11 & up Mini Golf	6 <u>9:30-10:00</u> Long Distance Swim <u>10:00-12:00</u> Swimming 2:30 Hike- Sis, Bubb & Moss	7 <u>10:00-12:00</u> Swimming 2:30 Kickball	8
9	10 <u>10:00-12:00</u> Swimming 2:30 Hike- Gulls	11 <u>9:00-12:00</u> Boaters Safety <u>9:30-10:00</u> Long Distance Swim <u>10:00-12:00</u> Swimming <u>2:30-3:00</u> Tennis- 7 & younger <u>3:00-3:45</u> Tennis- 8 & older	12 <u>9:00-12:00</u> Boaters Safety <u>9:30-10:00</u> Long Distance Swim <u>10:00-12:00</u> Swimming 6:30 Movie Night	13 <u>9:00-12:00</u> Boaters Safety <u>9:30-10:00</u> Long Distance Swim <u>10:00-12:00</u> Swimming 2:30 Arts and Crafts- View	14 <u>No Swimming</u> 7:00 High Peaks 11 & up 9:00 Wild Center	15
16	17 Enchanted Forest	18 <u>9:30-10:00</u> Long Distance Swim <u>10:00-12:00</u> Swimming 2:30 Pool Noodle "Field Hockey"	19 <u>9:30-10:00</u> Long Distance Swim <u>10:00-12:00</u> Swimming 6:30 Fishing Derby North Bay	20 <u>9:30-10:00</u> Long Distance Swim <u>10:00-12:00</u> Swimming 2:30 Hike- Sagamore's Power House Trail	21 <u>10:00-12:00</u> Swimming 2:30 Arts and Crafts	22 9:00 am BMPOA Annual Meeting Chicken BBQ Fundraiser
23	24 <u>10:00-12:00</u> Swimming 2:30 Hike- Stillwater Fire Tower	25 <u>9:30-10:00</u> Long Distance Swim <u>10:00-12:00</u> Swimming 2:30 Amazing Race	26 <u>9:30-10:00</u> Long Distance Swim <u>10:00-12:00</u> Swimming 6:30 Movie Night 8:30 11&up Movie	27 <u>9:30-10:00</u> Long Distance Swim <u>10:00-12:00</u> Swimming 2:30 Bike- Raquette Lake	28 <u>10:00-12:00</u> Swimming 2:30 Arts and Crafts	29 7:00 am Lake Swim 8:00 am Mile Swim
30	31 <u>10:00-12:00</u> Swimming 2:30 5 th Annual Big Trimooseathlon					



August 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 <u>9:30-10:00</u> Long Distance Swim <u>10:00-12:00</u> Swimming <u>2:30-3:00</u> Tennis- 7 & younger 3:00-3:45 Tennis- 8 & older	2 <u>9:30-10:00</u> Long Distance Swim <u>10:00-12:00</u> Swimming 6:30 Paper Bag Skit Night	3 <u>9:30-10:00</u> Long Distance Swim <u>10:00-12:00</u> Swimming 4:30 Cascade Camp Out *Families bring a few logs for the fire	4 <u>No Swimming</u> Help set up for the Big Moose Bazaar 2:30 Arts & Crafts	5
6	7 <u>10:00-12:00</u> Swimming 2:30 Hike- Blue Trail	8 <u>9:30-10:00</u> Long Distance Swim <u>10:00-12:00</u> Swimming 2:30 Capture the Flag	9 <u>9:30-10:00</u> Long Distance Swim <u>10:00-12:00</u> Swimming 6:30 Movie Night	10 <u>9:30-10:00</u> Long Distance Swim <u>10:00-12:00</u> Swimming 2:30 Hike- Chub	11 <u>10:00-12:00</u> Swimming 2:30 Arts and Crafts Tie Dye	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



Big Moose Recreation Schedule



Summer 2023

Swim Lesson Schedule- Each day that there is swimming on the schedule, the following applies:

9:30-10:00	Long Distance Swim Club- Tuesday, Wednesday, and Thursday.
10:00-10:20	Class 1- This group is for kids becoming more comfortable, and safe in and around the water. The goals of this group are floating on the front and back as well as beginning strokes.
10:20-10:50	Class 2 - This group is for kids who are used to the water and will put their faces under water. Those at this level will continue working on beginner strokes, floating and swimming under water. Working towards jumping into and swimming in deep water.
10:50-11:10	Class 3- This group will work on basic strokes: front crawl, back crawl, side stroke, and breast stroke.
11:10-11:30	Class 4- This group's aim is refining their basic strokes.
11:30-12:00	Class 5- Swimmers will work on advanced swimming skills.

Swim lessons will be hosted again by Faith and Dick Shore at the Wertz Camp on the North Shore.

Please remember any child that has not completed the mile swim should be wearing a lifejacket when on the dock. Also, remember that the only people who should be on the end of the dock are those children who are participating in the lesson. Children, not in their lesson must be supervised by their parents or guardians. **Promptly at noon, all swimming lessons will be over.**

Weather Updates:

It is important to note all scheduled afternoon and evening activities will continue rain or shine. If an activity needs to be cancelled due to safety concerns (thunder and lightning) board games/movies will be provided in the Association Center. Please use your personal discretion.

*For a smooth transition on the first day of the program please have release forms filled out and ready to turn in. There will be copies available at the Association Center by 6/25.



Week One



Saturday, July 1st

6:00 Picnic- Association Center

Monday, July 3rd

10:00 **SWIMMING**- Meet at the Shore/Wertz Dock.

4:00 **Hike Russian-(1.4 mi.) Hot Dogs & S'mores**- Meet at the Russian Dock
Bring: water bottle, whistle, swimsuit, and towel.

Tuesday, July 4th

9:30 **Long Distance Swim Club**- Meet at the Shore/Wertz Dock.

10:00 **SWIMMING**

2:30 **Land Olympics**- Association Center- **Please wear sneakers!**

Wednesday, July 5th

9:30 **Long Distance Swim Club**

10:00 **SWIMMING**

2:30 **Kayak- Moose River**- Meet at The Mountainman Outdoor Supply Company Rental Fees:
Kid's Kayak- \$25, Adult Kayak-\$35, Tandem- \$60.

6:30 **Mini Golf**- 11 & up at Nutty Putty in Old Forge.

Thursday, July 6th

9:30 **Long Distance Swim Club**

10:00 **SWIMMING**

2:30 **Hike- Sis, Bubb & Moss- (5.5 mi.)** Meet at the Moss Trailhead.
Bring: water bottle, snack, and whistle.

Friday, July 7th

10:00 **SWIMMING**

2:30 **Kickball**- Meet at the Association Center.



Week Two



Monday, July 10th

- 10:00** **SWIMMING**
2:30 **Hike- Gulls-(2.4 mi.)** Meet at the Gulls Trailhead.
Bring: water bottle, snack, whistle, swimsuit, and towel.

Tuesday, July 11th

- 9:00-12:00** **Boating Safety Course, Part 1-** NYS has a new registration system for courses. **Each student (or parent) must pre-register for the class.** Please note that registration for this class closes on **7/10/23 at 9:00am. Students cannot register on the day of the class or just show up on the first day to register.** You will find further information, and how to register in the back of this packet.

- 9:30** **Long Distance Swim Club**
10:00 **SWIMMING**
2:30-3:00 **Tennis- 7 & younger- Please wear sneakers!**
3:00-3:45 **Tennis- 8 & older- Please wear sneakers!**

Wednesday, July 12th

- 9:00-12:00** **Boating Safety Course, Part 2**
9:30 **Long Distance Swim Club**
10:00 **SWIMMING**
6:30 **Movie Night-** Bring your own drinks, and snacks.

Thursday, July 13th

- 9:00-12:00** **Boating Safety Course, Part 3**
9:30 **Long Distance Swim Club**
10:00 **SWIMMING**
2:30 **Arts & Crafts-** View

Friday, July 14th

- NO SWIMMING**
7:00 **High Peaks Trip Sawteeth (11mi.) ages 11 & up-** Meet at the Association Center at 7:00 am and we'll caravan up to the Ausable Club.
Bring: water bottle, snack, lunch, and whistle.
9:00 **The Wild Center-** Find new ways to connect with nature through experiences like Wild Walk, Climate Solutions, Forest Music, Patrick Dougherty's Stickwork, and get to know some of the Adirondack animal ambassadors that call The Wild Center home.
Admission: 4 and under free, children- \$13, adults- \$22
Meet at the Association Center, and caravan up to Tupper Lake.



Week Three



Monday, July 17th

NO SWIMMING

9:00 **Enchanted Forest/Water Safari-** Meet at the Association Center for an exciting day at Enchanted Forest/Water Safari. We will then caravan down together. The group rate is \$27 per person. Kurt will collect all the money and pay for the group at the door. Please have exact change. They do not take personal checks. The park closes at 7pm. Please sign up in the Association Center and indicate who your driver is. If there is any change of drivers/riders during the day, please call parents, FIRST, in Big Moose to let them know and confirm. Kurt will be leaving the park around 3:00pm.

Tuesday, July 18th

9:30 **Long Distance Swim Club**

10:00 **SWIMMING**

2:30 **Pool Noodle Field Hockey-** Association Center- **Please wear sneakers!**

Wednesday, July 19th

9:30 **Long Distance Swim Club**

10:00 **SWIMMING**

6:30 **Fishing Derby-** Meet at Picnic Rock Dock. Bring your pole, favorite lures, and tape measure. Prizes for the biggest fish, and most fish caught!

Thursday, July 20th

9:30 **Long Distance Swim Club**

10:00 **SWIMMING**

2:30 **Hike Sagamore's Power House Trail- (3.1 mi.)** Meet at the Sagamore Parking area. Bring: water bottle, snack, whistle.

Friday, July 21st

10:00 **SWIMMING**

2:30 **Arts & Crafts-** Association Center

Saturday, July, 22nd

9:00 **BMPOA Annual Meeting and Chicken BBQ**
Chickens are \$16 and should be ready for pickup around 12:30pm.



Week Four



Monday, July 24th

10:00 SWIMMING

2:30 **Hike Stillwater Fire Tower (3.8 mi.)**- Meet at Stillwater Mt. Trailhead which is located on Stillwater Road about 13 miles from the Association Center on the left hand side.-Bring: water bottle, snack and whistle.

Tuesday, July 25th

9:30 Long Distance Swim Club

10:00 SWIMMING

2:30 **The Amazing Race**- Association Center- Race in groups, stopping at various locations to participate in challenges. **Please wear sneakers!**

Wednesday, July 26th

9:30 Long Distance Swim Club

10:00 SWIMMING

6:30 **Movie Night**- Bring your own drinks, and snacks.

8:30 **11&up Movie**- Bring your own drinks, and snacks.

Thursday, July 27th

9:30 Long Distance Swim Club

10:00 SWIMMING

2:30 **Bike to Raquette Lake**- Meet at the Association Center and caravan bikes up to the Uncus Road Trail Head. Rentals are available at Pedals and Petals in Inlet.
Description: On the right, across the road from the beach access, there is a dirt road. This is the old railroad. The railroad is an easy route into Raquette Lake which is reached in 2.5 miles. **Bring money for ice cream!**

Friday, July 28th

10:00 SWIMMING

2:30 **Arts & Crafts**- Association Center.

Saturday, July 29th

Jane Hanlon Memorial Lake Swim

7:00 **Lake Swimmers**- Meet at the Glenmore Beach make sure to sign in with Kurt.

8:00 **Mile swimmers**- Meet at the William's Waterfront and swim to Clark's Point make sure to sign in with Maggie.

When signing in please print your name neatly and the way you would like it to appear on your trophy. **Each participant needs a rower, and under 18 years old must have a release form.**



Week Five



Monday, July 31st

10:00 **SWIMMING**
2:30 **5th Annual Big Trimooseathlon-** Join in this kid sized triathlon! We will meet at the William's Waterfront for the start. The swim will end at the P.O. dock where the kids will bike up the Crag Point Rd. split, *turn around* at the split and ride back to the Association Center. The run will start at the Association Center down Higby Point Rd. to the end, turn around and finish at the Association Center. **Volunteers Needed!**

Tuesday, August 1st

9:30 **Long Distance Swim Club**
10:00 **SWIMMING**
2:30-3:00 **Tennis- 7 & younger- Please wear sneakers!**
3:00-3:45 **Tennis- 8 & older- Please wear sneakers!**

Wednesday, August 2nd

9:30 **Long Distance Swim Club**
10:00 **SWIMMING**
6:30 **Paper Bag Skit Night-** Ice cream sandwiches will be provided!

Thursday, August 3rd

9:30 **Long Distance Swim Club**
10:00 **SWIMMING**
4:30 **Cascade Campout-** Meet at Cascade Trailhead. Hot dogs and s'mores will be provided. Please bring your own snacks, drinks, and breakfast.
***Please hike in a log or two to contribute to the fire!**

Friday, August 4th

NO SWIMMING
2:30 **Arts & Crafts-** Association Center.



Week Six



Monday, August 7th

10:00 **SWIMMING**

2:00 **Hike Covewood's Blue Trail (Approx. 4.5)** - Meet at the Association Center-Bring: water bottle, snack and whistle.

Tuesday, August 8th

9:30 **Long Distance Swim Club**

10:00 **SWIMMING**

2:30 **Capture the Flag-** Association Center

Wednesday, August 9th

9:30 **Long Distance Swim Club**

10:00 **SWIMMING**

6:30 **Movie Night-** Bring your own drinks, and snacks.

Thursday, August 10th

9:30 **Long Distance Swim Club**

10:00 **SWIMMING**

2:30 **Hike Chub (6 mi.)-** Meet at the Association Center
Bring: water bottle, snack, whistle, swimsuit, and towel.

Friday, August 11th

10:00 **SWIMMING**

2:30 **Arts & Crafts-** Association Center.

Swim Class Student List 2023

Class #1: 10:00-10:20

Harriet
Ledgy
Remy C.

Class #2: 10:20-10:40

Hunter
Jack
Remy K.
Will S.
Austin

Class #3: 10:40-11:00

Addie
Oliver F.
Isaac
Reese

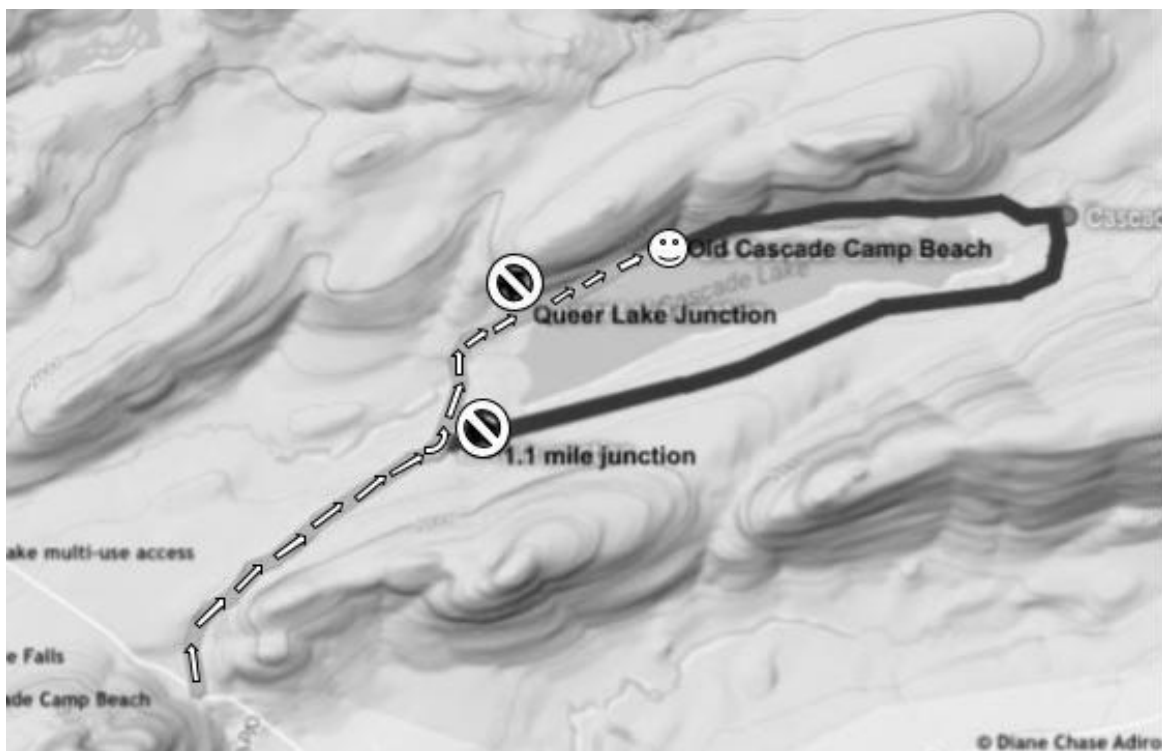
Class #4: 11:00-11:30

Abbey
Rhi
Maddy W.
Becca
Eliza
Carly
Cooper

Class #5: 11:30-12:00

Elsa
Caroline
Maddy M.
Leo
Oliver M.
Asher
Lilly
Zoey
Lucy S.

Cascade Campout Map



Boating Safety

The NYS Boater Safety course is scheduled from 7/11/23 – 7/13/23 from 9am to noon at the BMPOA Rec Center. Students must attend all hours of all sessions. The class is for students under 18. A parent or grandparent may attend with the student. Youth are a registration priority.

NYS has a new registration system for courses. **Each student (or parent) must pre-register for the class.** Please note that registration for this class closes on **7/10/23 at 9:00am. Students cannot register on the day of the class or just show up on the first day to register.**

If you are no longer planning on attending this class, please cancel your registration so that those on the waiting list will have a chance to attend.

Student must be 10 years old at the start of the course. All registrants for this event must be 10 years of age by July 11, 2023. **Registrants MUST bring proof of age on the first day of class.**

There is no charge for the course. If you are 18 years of age or older, there is a \$10.00 fee for your permanent boating safety certificate, payable to New York State Parks. NYS Parks does not collect a certificate fee for students under the age of 18.

To register:

1. I have created a link students to register. The course is open to the public.
LOGIN at: [Event - New York Safe Boating Course - July 11-13, 2023 in Big Moose, NY \(register-ed.com\)](#)
2. Click on green 'Register Now' button
3. Fill out data on the Registration form. Please fill out ALL fields. Once completed, click 'Review'
4. In review section, check optional contact opt-in and accept class policies. Once completed, click 'Complete registration'
5. You should see a confirmation of your registration.